PFFR ASSIST **PROCESS**











PEER ASSIST

This process is great as a stand alone session or can be part of a community of practice.

It is useful when a group or project has a challenge and needs some fresh thinking.

We find that the helping behavior of this process helps build trust.

You probably want at least 5 people as part of the assisting group. You don't want many more than 12 or you will need to change the process, limiting the advice and the go-round at the end.

The times shown are for a 30 minute session. However just adjust the times for a 45 or 60 minute session, which will be needed if the problem is complex.

Peer Assist Process

- 1. Person with challenge: What is my challenge? (5 minutes)
- 2. Assisting group: Clarifying questions? What did you mean? Tell us more about... (5 minutes)
- 3. Assisting Group: Advice, resources, thoughts (10 minutes)
- 4. Person with challenge replies and summarizes what they learned and what they might try (5 minutes)
- 5. Assisting Group: Go-round: what did I learn from this discussion? How might it help my work? (5 minutes)

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